

TOP OF THE LIFE

Teo Lattanzio 01/23

Inter Phrased - A(32) - B(32) - Tag1(16) - Tag2(8) - 2 Murs
"Life Is beautiful" by Tim McMorris

Départ (32)

A A A A Tag1 B B Tag2

A A Tag1 B B Tag2

(Mur de 12h - Mur de 6h)

Part A

2 Murs

Sect 1

SWAY R - HOLD - SWAY L - FLICK BACK R
VINE R - FLICK BACK L

- 1 - 2 Sway appui D - Hold
- 3 - 4 Sway appui G - Flick Back D
- 5 à 8 Vine à D - Flick Back G

Sect 2

SWAY L - HOLD - SWAY R - FLICK BACK L
VINE L - SCUFF R

- 1 - 2 Sway appui G - Hold
- 3 - 4 Sway appui D - Flick Back G
- 5 à 8 Vine à G - Scuff D vers G

Sect 3

JAZZ BOX D SCUFF G - CROSS L fwd - $\frac{1}{4}$ L STEP BACK R
 $\frac{1}{4}$ L STEP L fwd - HOOK BACK R

- 1 à 4 Jazz Box D - Scuff G vers D
- 5 - 6 Cross G dev D - $\frac{1}{4}$ G Pose D derr (9h)
- 7 - 8 $\frac{1}{4}$ G Pose G dev (6h) - Hook Back D

Sect 4

$\frac{1}{2}$ L STEP BACK R - HOOK BACK L - $\frac{1}{2}$ L STEP L fwd - STOMP-UP R
ROCK BACK R - STOMP R - HOLD

- 1 - 2 $\frac{1}{2}$ G Pose D derr - Hook Back G (12h)
- 3 - 4 $\frac{1}{2}$ G Pose Pose G dev (6h) - Stomp-Up D
- 5 - 6 Rock Back D
- 7 - 8 Stomp D - Hold (appui G)

Part B

2 Murs - JUMPING

Sect 1

HEEL SWITCHES RLRL (with $\frac{1}{4}$ L x3) -

- 1 - 2 Talon av D - $\frac{1}{4}$ G Pose D + Flick Back G (9h)
- 3 - 4 Talon av G - $\frac{1}{4}$ G Pose G + Flick Back D (6h)
- 5 - 6 Talon av D - $\frac{1}{4}$ G Pose D + Flick Back G (3h)
- 7 - 8 Talon av G - Ramène G

Sect 2 STEP R&L fwd - HOLD x2 (head $\frac{1}{4}$ L) - RUNNING MAN

- 1 - 2 Step av D - Step av G
3 - 4 Hold x2 (tête face à 12h)
5 - 6 Kick D - Scoot Back D + Flick Back G
7 - 8 Kick G - Scoot Back G + Flick Back D

Sect 3 SCOOT BACK L&R (with low kick back)

$\frac{1}{4}$ L ROCK BACK R - ROCK BACK R

- 1 - 2 Scoot Back G + Kick bas D derr - Pose D derr
3 - 4 Scoot Back D + Kick bas G derr - Pose G derr
5 - 6 $\frac{1}{4}$ G Rock Back D (12h)
7 - 8 Rock Back D

Sect 4 (KICK R - $\frac{1}{4}$ L KICK L - FLICK BACK R - STOMP-UP R) x2

- 1 - 2 Kick D - $\frac{1}{4}$ G Kick G (9h)
3 - 4 Pose G + Flick Back D - Stomp-Up D
5 - 6 Kick D - $\frac{1}{4}$ G Kick G (6h)
7 - 8 Pose G + Flick Back D - Stomp-Up D

Tag1 1 Mur (12h)

Sect 1 STOMP IN R - SWIVEL R (TOE/HEEL/TOE) to R

SWIVEL R (TOE/HEEL) to L - SWIVEL TOES/HEELS to L

- 1 à 4 Stomp In D - Swivel D à D (Pointe/Talon/Pointe)
5 - 6 Swivel D à G (Pointe/Talon)
7 - 8 Swivel Pointes à G - Swivel Talons à G

Sect 2 SWIVEL L (TOE/HEEL/TOE) to L

SWIVEL L (TOE/HEEL/TOE) to R - LIFT & LOWER TOES

- 1 à 3 Swivel G à G (Pointe/Talon/Pointe)
4 à 6 Swivel G à D (Pointe/Talon/Pointe)
7 - 8 Lever les Pointes - Poser les Pointes

Tag2 1 Mur (12h)

Sect 1 ($\frac{1}{4}$ L STEP SIDE R - STOMP-UP L & CLAP - $\frac{1}{4}$ L STEP L fwd - STOMP-UP R & CLAP) x2

- 1 - 2 $\frac{1}{4}$ G PD à D - Stomp-Up G + Clap (9h)
3 - 4 $\frac{1}{4}$ G Pose G dev - Stomp-Up D + Clap (6h)
5 - 6 $\frac{1}{4}$ G PD à D - Stomp-Up G + Clap (3h)
7 - 8 $\frac{1}{4}$ G Pose G dev - Stomp-Up D + Clap (12h) Ici Final : Stomp D